**Slow-motion multitasking**

**Please, watch this video :**

[**https://www.youtube.com/watch?v=yjYrxcGSWX4**](https://www.youtube.com/watch?v=yjYrxcGSWX4)

**Quizlet:**

[**https://quizlet.com/\_besaah?x=1qqt&i=3rj4gf**](https://quizlet.com/_besaah?x=1qqt&i=3rj4gf)

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**Active Vocabulary**

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| **a smackdown** | **бесспорное поражение** |
| **empirical evidence** | **эмпирическое доказательство** |
| **simultaneously** | **одновременно, в то же время** |
| **to be common among** | **быть обычным среди** |
| **slow-motion** | **замедленное движение** |
| **counterintuitive** | **противоречащий здравому смыслу, парадоксальный** |
| **as the mood takes you** | **под настроение** |
| **to lapse into** | **впадать в ( какое-либо состояние)** |
| **out of desperation** | **от отчаяния** |
| **for decades** | **на протяжении десятилетий** |
| **a skill set** | **набор навыков** |
| **repeatedly** | **неоднократно, повторно** |
| **enduringly** | **устойчиво, длительно** |
| **to remind** | **напоминать/напомнить** |
| **ubiquitous** | **вездесущий; повсеместный** |
| **to think outside the box** | **мыслить нестандартно** |
| **to clamber** | **карабкаться; цепляться; взбираться** |
| **the eureka moment** | **момент озарения** |
| **to wrestle with a difficult problem** | **биться над трудной проблемой, бороться** |
| **to lower** | **снижать** |
| **randomly** | **случайно, наугад** |
| **visual art** | **изобразительное искусство** |
| **substantially** | **существенно, значительно** |
| **to be distinct from** | **отличаться от** |
| **intimidating** | **пугающий, устрашающий** |
| **to be commercially successful** | **быть коммерчески успешным** |
| **stasis** | **остановка, застой, стаз** |
| **miraculous** | **удивительный, чудесный** |
| **to be exhausted** | **быть очень уставшим, изнуренным** |
| **to lay down the foundation for** | **закладывать основу/ фундамент для ...** |
| **to imply** | **предполагать, подразумевать** |
| **staggering** | **ошеломляющий, потрясающий, поразительный** |
| **overwhelming** | **подавляющий, ошеломляющий** |
| **to blur boundaries** | **стирать границы** |
| **a source of** | **источник** |
| **to urge smb to + V1** | **побуждать к** |
| **to expand** | **расширять, развивать** |
| **in a flash** | **моментально, в мгновение ока** |
| **the survival of the fittest** | **естественный отбор по принципу "выживает сильнейший"** |
| **the descent of (man)** | **происхождение (человека)** |
| **a dilemma** | **дилемма, затруднительное положение** |

**Fill in the gaps using the words  from the box**

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| **exhausted , intimidating , substantially , stasis , ubiquitous , miraculous, distinct , desperation , enduringly ,** [**lapse**](https://dictionary.cambridge.org/dictionary/english/lapse) **, distract** |

1. **The two** [**languages**](https://dictionary.cambridge.org/dictionary/english/language) **are** [**quite**](https://dictionary.cambridge.org/dictionary/english/quite) **\_\_\_\_\_\_\_\_\_\_\_\_\_  from each other.**
2. **The** [**diet**](https://dictionary.cambridge.org/dictionary/english/diet)[**promised**](https://dictionary.cambridge.org/dictionary/english/promise) **\_\_\_\_\_\_\_\_\_\_** [**weight**](https://dictionary.cambridge.org/dictionary/english/weight)[**loss**](https://dictionary.cambridge.org/dictionary/english/loss)**.**
3. **What helps you to \_\_\_\_\_\_\_\_\_\_\_ from everyday problems and stress ?**
4. **She can be very \_\_\_\_\_\_\_\_\_\_\_ when she's** [**angry**](https://dictionary.cambridge.org/dictionary/english/angry)**.**
5. **It** [**seems**](https://dictionary.cambridge.org/dictionary/english/seem)[**likely**](https://dictionary.cambridge.org/dictionary/english/likely) **that some of these** [**countries**](https://dictionary.cambridge.org/dictionary/english/country) **will \_\_\_\_\_\_\_\_\_\_\_\_\_ into** [**economic**](https://dictionary.cambridge.org/dictionary/english/economic) **and** [**political**](https://dictionary.cambridge.org/dictionary/english/political)[**chaos**](https://dictionary.cambridge.org/dictionary/english/chaos)**.**
6. **The** [**mobile**](https://dictionary.cambridge.org/dictionary/english/mobile)[**phone**](https://dictionary.cambridge.org/dictionary/english/phone)**, the most \_\_\_\_\_\_\_\_\_\_of consumer-electronic** [**appliances**](https://dictionary.cambridge.org/dictionary/english/appliance)**, is about to** [**enter**](https://dictionary.cambridge.org/dictionary/english/enter) **a new** [**age**](https://dictionary.cambridge.org/dictionary/english/age)**.**
7. **In \_\_\_\_\_\_\_\_\_\_\_\_, they** [**jumped**](https://dictionary.cambridge.org/dictionary/english/jump) **out of the** [**window**](https://dictionary.cambridge.org/dictionary/english/window) **to** [**escape**](https://dictionary.cambridge.org/dictionary/english/escape) **the** [**fire**](https://dictionary.cambridge.org/dictionary/english/fire)**.**
8. **She was** [**bored**](https://dictionary.cambridge.org/dictionary/english/bored) **- her** [**life**](https://dictionary.cambridge.org/dictionary/english/life) **was in \_\_\_\_\_\_\_\_\_\_.**
9. **By the** [**time**](https://dictionary.cambridge.org/dictionary/english/time) **they** [**reached**](https://dictionary.cambridge.org/dictionary/english/reach) **the** [**summit**](https://dictionary.cambridge.org/dictionary/english/summit) **they were\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .**
10. **Beethoven’s 9th has** [**become**](https://dictionary.cambridge.org/dictionary/english/become) **one of the most \_\_\_\_\_\_\_\_\_\_\_\_\_\_** [**popular**](https://dictionary.cambridge.org/dictionary/english/popular)[**symphonies**](https://dictionary.cambridge.org/dictionary/english/symphony) **of all** [**time**](https://dictionary.cambridge.org/dictionary/english/time)**.**
11. **The new** [**rules**](https://dictionary.cambridge.org/dictionary/english/rule) **will \_\_\_\_\_\_\_\_\_\_\_**[**change**](https://dictionary.cambridge.org/dictionary/english/change) **how we do things.**

**Discuss the following questions:**

**1. According to Tim, what is a powerful way to unleash your natural creativity?**

**2. Did you find the TED Talk interesting? Why? / Why not?**

**3. Tim Harford, uses innovators like Einstein, Darwin, etc to provide examples. Do you think that the information in this TED Talk is applicable to our daily lives? Why? / Why not?**

**4. Would you consider yourself to be a creative person?**

**5. Do you generally see multitasking as a good or a bad thing? Why?**

**6. Are you good at multitasking?**

**7. Do you think that enrolling on a course (not necessarily in Art)  could help you in your life? Why? / Why not?**

**8. If you have a good idea, do you always write it down and put it in a safe place?**

**9. How do you feel about having multiple projects on  the go at the same time?**

**10.      Tim suggests that when tired and stressed, the average person turns on the TV or looks at their phone whilst Darwin would go into the billiard room   to relax by studying earthworms. What do you tend to do to relax?**

**11.        Michael Crichton once said “Working inspires inspiration. Keep working if you succeed, keep working if you fail, keep working if you are interested, keep working if you are bored, keep working.” To what extent do you agree with this statement?**